Yakult

science for health©

Understanding & Interpreting Probiotic Research: A Workshop for Student Dietitians

9:00 - 9:30	Arrival, Registration & Refreshments
9:30 – 10:00	BDA Welcome & Student Champion Introductions BDA Team
10:00 – 10:25	BDA, PEN & JHND Update & Demo BDA Team
10:25 – 10:30	Introductions & Overview of the Probiotic Workshop Dr Louise Wilson, Assistant Science Manager, Yakult UK
10:30 – 11:00	An Introduction to the Gut Microbiota & Factors Affecting It Amy Smith, Science Intern, Yakult UK
11:00-11:30	An Introduction to Probiotics & Mechanisms of Action Victoria Avery, Science Officer, Yakult UK
11:30 – 11:50	Refreshment Break
11:50 – 12:20	Understanding & Interpreting Probiotic Research Dr Louise Wilson
12:20 – 13:00	Lunch & Networking
13:00 – 13:30	Workshop – Read & Critique a Paper in Small Groups
13:30 – 14:10	Group Presentations & Discussions
14:10 – 14:30	Refreshment Break
14:30 – 15:00	Summary of the Evidence for Probiotic Use: Gastrointestinal Health, Infectious Disease & Immunity Victoria Avery & Amy Smith
15:00 – 15:30	Practical Support & Safety Considerations When Choosing a Probiotic Dr Louise Wilson
15:30 – 15:40	Reflection on Workshop Learnings Dr Louise Wilson
15:40 – 16:15	BDA Video Workshop Session BDA Team
16:15	Thank you & Close